

## Lucy Bentow

SENIOR ASSOCIATE ATTORNEY

LBENTOW@ALBMAC.COM 714-289-4459

ORANGE COUNTY, CA

WCAB VENUES COVERED: ANAHEIM, LONG BEACH, LOS ANGELES, MARINA DEL REY, POMONA, SANTA ANA, VAN NUYS



Lucy Bentow is a Senior Associate Attorney in the Orange office. She strongly believes in the importance of client communication and collaboration to obtain swift and cost-effective resolution of claims.

Admitted to the State Bar of California in 2004, Lucy has specialized in workers' compensation defense throughout her career. Before joining Albert and Mackenzie, she represented clients across California, successfully securing three "Take Nothing" findings. Her favorite part of her role is interacting with clients, judges, and opposing counsel.

Lucy grew up in Los Angeles, California. She was inspired to pursue a career in law after a personal experience showed her the impact attorneys can have on people's lives. Known for her kindness and thoughtfulness, Lucy is passionate about making a difference.

Outside of work, Lucy's main interest is traveling. Her favorite destination is Japan, and she dreams of visiting Myanmar, her birthplace. In her free time, she also enjoys running, having completed four marathons and seven half marathons. If her life had a theme song, it would be "Up & Up" by Coldplay, a reflection of Lucy's optimistic and forward-thinking mindset.

## EDUCATION

- · Loyola Law School Juris Doctor
- · University of California, Los Angeles B.A., Women's Studies

## ADMISSIONS

· State Bar of California

**Specialties:** Defense of workers' compensation claims on behalf of employers, insurers and third-party administrators.